



CHILD AND ADOLESCENT OBESITY IN WALES

Welsh Obesity Society & ASO Wales
Wednesday 26 June 2019
Cardiff Metropolitan University, Llandaff Campus,
Western Avenue, Cardiff, CF5 2YB

Objectives

- To outline the frequency, causes & consequences of obesity in children and young people.
- To establish an understanding of effective interventions for obesity in children and young people and facilitate the sharing of good practice and opportunities for networking.

PROGRAMME

- 15.30 Registration and refreshments
- 16.00 Welcome and introduction
Professor Nadim Haboubi, Chair Welsh Obesity Society
Dr Simon Williams, Chair UK ASO
- 16.10 Childhood Obesity in Wales: The Scale of the Problem
Lucy O'Loughlin, Public Health Wales
- 16.30 The Genetics of Severe Childhood Obesity –
Dr Agatha van der Klaauw, University of Cambridge
- 16.50 The Impact of Cultural, Social and Psychological Factors on Childhood Obesity
Dr Hazel Baker and Dr Naomi Swift, Aneurin Bevan University Health Board
- 17.10 How does feeding in the first year of life affect weight and eating behaviour?
Lessons for obesity prevention
Sara Jones, Swansea University
- 17.30 Break

- 18.00 Effective Intervention from Early Life: Learning from HENRY
Kim Roberts, CEO HENRY
- 18.20 Children's Healthy Weight: from Bigger Picture to Smaller Screen
Professor Gareth Stratton, Swansea University
- 18.40 Physical Literacy - The Role of Motor Competence in Supporting a Positive
Health Trajectory'
Dr Nalda Wainwright, University of Wales Trinity St David
- 19.00 The Evidence Base for Use of Very Low Calorie Diets in Paediatrics
Olivia Colleypreist, Aneurin Bevan University Health Board
- 19.20 Managing Severe Obesity in Children & Adolescents –
The Aneurin Bevan UHB Service
Dr Rebekah Pryce, Aneurin Bevan University Health Board
- 19.40 Panel Discussion
- 20.00 Networking and refreshments