

**Action on weight management in cancer – developing an evidence base to support intervention trials – views from the NIHR Cancer and Nutrition Collaboration research group on cancer prevention and screening**

**Satellite meeting for the European Congress on Obesity  
Saturday, April 27<sup>th</sup> 2019  
Malmaison Hotel, 44 Whitehall Crescent, Dundee**

<b>Morning Session: Primary Prevention</b>		<b>Chair Prof Bob Steele CBE</b>
1000 - 1020	Introductions and welcome	Dr Giota Mitrou (WCRF) Prof Annie S. Anderson (SCPN) Dr Simon Williams (ASO)
1020 - 1040	Why is body fatness important in cancer prevention? Lessons from Mendelian Randomisation	Prof Richard Martin University of Bristol
1040 - 1100	Is <i>change</i> in body fatness important in cancer prevention? Lessons from weight loss interventions	Prof Annie Anderson University of Dundee
1100 - 1120	<b>Coffee/Tea</b>	
1120 - 1140	Weight loss interventions for trials? Lessons from the behavioural intervention world	Prof Falko Sniehotta University of Newcastle
1140 - 1200	Are intervention trials so challenging? Lessons from literature	TBC
1200-1220	Discussion and debate – how important is trial evidence and why? Lessons from debate	Prof Elio Riboli Imperial College London
1220-1300	<b>Lunch</b>	
<b>Afternoon Session: Obesity and Secondary Cancer Prevention</b>		<b>Chair: Prof Elio Riboli</b>
1300 - 1320	Lessons from the BWEL study – a weight management programme for breast cancer survivors	Prof Jennifer Ligibel Harvard Medical School/ Dana-Farber Cancer Institute
1320-1340	Diet or physical activity interventions for overweight cancer survivors?	Prof John Saxton University of Northumbria
1340-1400	What are the important core outcome measures in cancer survivorship?	Dr Amanda Cross Imperial College London
1400 - 1420	<b>Coffee Tea</b>	
1420 - 1440	Do no harm – risks and potential benefits	Dr Chloe Grimmett University of Southampton
1440 - 1500	Discussion – the way forward	Prof Elio Riboli Imperial College London

**Hosted by The Centre for Research into Cancer Prevention and Screening (CRiPS),  
University of Dundee**

**Supported by the World Cancer Research Fund, Association for the Study of Obesity Scotland Network  
and Scottish Cancer Prevention Network**

